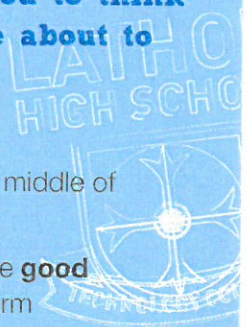




Your Profile



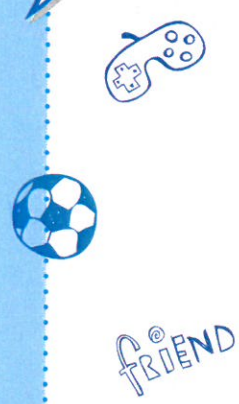
You are going to complete your Profile together with your family. This activity will let you talk and think about what you would like your new form teacher to know about you! It also helps you to think positively about yourself which is important when you are about to start a new school.



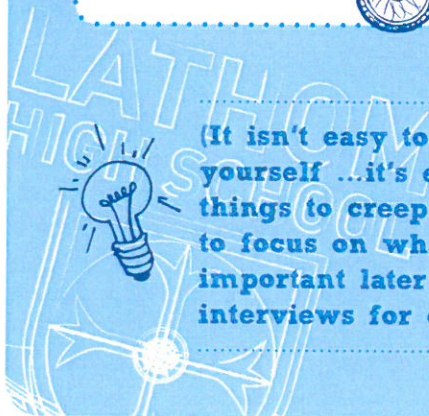
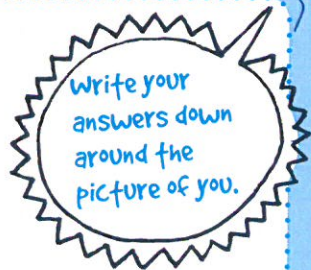
Draw or find a picture you like of you and stick it into the middle of the sheet.

Now think about the **positive** aspects of your personality... the **good** things about you and what you like doing to show your new form teacher.

With help from your family write down on the Profile Sheet (overleaf)...



- ☆ What do you enjoy?
- ★ What are you good at?
- ★ What does your teacher (or other people) like about you?
- ☆ What have you achieved this year?
- ★ What's good about you as a friend?
- ★ What lessons have you enjoyed this year?
- ☆ What do you like doing in your spare time?



(It isn't easy to be positive about yourself ...it's easy for negative things to creep in. But it's important to focus on what's good & it'll be important later on when you go for interviews for college or jobs too)



When you have finished the activity, complete the page in your passport. You will get a stamp/ sticker from the teacher.



Home learning activities
1

My Profile Sheet

Put a
picture of
yourself
here

You could do this on the computer if you'd prefer - print it out to show your new teacher)